

Punishment Treasure Chest suggestions

“Cookie” punishment:

- Organizing a bookshelf
- Giving a snack or drink to a sibling she just hit or making her bed
- Washing a few dishes
- Picking up the garbage that blew into the front yard
- Folding a few items of laundry
- Organizing the junk drawer
- Unloading the dish washer
- Washing down a sticky shelf
- Organizing a shelf in the pantry
- Cleaning a window
- Polishing silver
- Voluntary time out

“Taking matters into our own hand’s” punishment:

- Taking away a toy the child is playing with now
- Taking away the first ten minutes of a movie the children are sitting down to watch
- If a treat is being given out, she gets half or none
- Not coming to the supermarket with a parent
- Going to bed a few minutes early
- Reading a shorter story at bedtime
- Less allowance